

Exercise Physiologist

Service Innovation

Position Summary:

The Exercise Physiologist role is responsible for providing relevant Exercise Physiology services as well as assist allied health professionals, and innovative service delivery planning to a growing allied health team responsible for the management of new and existing MS Plus clients under the NDIS and other various funding streams. Exercise Physiologist will also provide service planning assistance, administrative tasks, and effective management of the day-to-day activities of the Relate team, an innovative human relation. This position reports directly to Allied Health team Leader.

Purpose

The Exercise Physiology service purpose is to empower all people with MS and broader neurological conditions that may have complex/multiple needs to achieve exercise outcomes in a safe and efficient manner.

Provide instruction to specialised groups as required

Providing one-on-one exercise sessions and assessments as required.

Provide timely and concise reports as per agreements with funding bodies and/or customers.

- **Responsible** for Providing effective exercise services for persons affected by MS and other neurological conditions.



Organisation Dimensions

Allied Health Team Leader

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Exercise Physiologist

Position Dimensions

Budget (\$ value)	Delivering NDIS and all other funded service
Staff numbers	
Location/s	
Other	

Key Responsibilities

Organisational and Administration Support

Input the responsibilities that support the organisation in attaining the strategic, tactical or operational goals and the administrative responsibilities required

Responsibilities	<ul style="list-style-type: none"> • Plan exercise classes in conjunction with Exercise Co-ordinator across NSW to meet identified customer needs. • Provide specialist support to exercise groups and individuals across metropolitan area as required. • Ensure that a person-centred approach is incorporated into all work practices and service delivery where applicable and safe to do so. • Support customers with their exercise goals • Assist with initial assessments, exercise prescription and reviews of customers utilising MS exercise programs. • Adhere to compliance and reporting requirements when dealing with serious or sensitive matters. • Exercise Instruction is delivered according to the needs of the group or individual. • Exercise instruction remains relevant to needs of users and provides a viable alternative to mainstream services through membership and usage. • Customers are allocated into a program or exercise class within guidelines. • Customer need for an exercise review or physiotherapy review is identified in a timely manner. • Appointments for review are made within guidelines for referral. <p>Other Duties</p> <ul style="list-style-type: none"> • Timely and clear written documentation of clients’ treatment progress and goals using electronic client record management systems. • Maintaining clients’ files.
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- Monitoring, storing, cleaning, maintaining, and ordering supplies and equipment as directed.

Quality and risk:

- Develop information and training resources for clients in conjunction with other allied health professionals.
- Reporting incidents, feedback and complaints using MS plus process.
- Participating in other quality improvement activities as directed by the Allied Health Team Leader and Senior Manager Allied health

Relationship Management

Input responsibilities that relate to stakeholder engagement and relationships held both inside and outside the organisation. For example:

- Work with external partners and suppliers to ensure maximum value for money achieved
- Implement strategies to ensure seamless communication across the organisation

- Support customers and carers with ongoing needs and service.
- Develop strong relationships with internal staff for ongoing development
- Maintain strong relationships with external relationships that benefit gym members and the facilities.
- Promote services of the Gym with all agencies and organisations that may benefit from specialised equipment.
- Work as part of a multidisciplinary team in providing service and support to customers
- Service users experience a person centred, effective and dynamic service as per testimonials received and through yearly survey responses.
- Relationships with internal and external stakeholders are maintained, improved or created as evidenced by donations, sponsorships and increasing user attendance.

Values

- Actively support MS' purpose, value, service promise and strategic vision.
- Operate in line with MS' policies, procedure and practices.
- Promote and work within MS' Services Innovation delivery principles.
- Positively and constructively represent the organisation to external contacts at all opportunities.
- Behave in a way that contributes to a workplace that is free of discrimination, harassment, and bullying behaviour at all times.
- Ensure the health, safety and welfare of self, team members and others.
- Follow all reasonable directions given by the organization.
- Support and empower co-workers.
- Support, promote and show sensitivity to diversity in the workplace.
- Behaviour is in alignment with Culture, Service Promise & Foundation behaviours.

Position Requirements

Knowledge, Skills, and Experience

Essential
Accredited Exercise Physiologist (AEP) with Exercise and Sports Science Australia
Minimum of 2-3 years' experience in providing clinical services, support and advice to people with chronic neurological conditions, including MS
Current First Aid and CPR
Strong knowledge and understanding of the NDIS
Demonstrated ability to work in a multidisciplinary set up
Demonstrated experience in client centre care through effective assessment, care planning, case conferencing and review of clients
Highly developed written and verbal communication skills
Proven track record in creating efficiency and meeting targets, KPI 70%
Desirable
Prior experience in disability under the NDIS
Experience in a not-for-profit organisation.
Membership of relevant professional organisation
Experience is a start-up environment and being comfortable in a changing dynamic environment
Checks, Licenses and Registration
National Police check
Working with Children check
Disability Workers Exclusion scheme
Current full or probationary driver's license
Professional registration – AHPRA/ESSA/relevant body

Approval authority: Senior Manager Allied Health	Next review: July 2026
Date approved: July 2023	Key author: Human Resources
Version: 1	Business Unit: Allied Health