



Plus Peer Links

Parents of teens with MS



Register

About Peer Links

Learning that your child has been diagnosed with MS can be overwhelming, however being armed with expert information and support from people who are sharing a similar experience can help you and your teen navigate this time.

The MS Plus Parents of Teens Peer Link is a chance for parents who have a child with MS to learn more about the condition, understand how to support your child, ask questions from experts and meet others who are sharing a similar journey.

Over four weeks, 60-minute online sessions cover a range of topics including understanding symptoms, how to manage fatigue, school and activities and strategies for wellbeing and emotional support for both you and your child.

Learn from experts

An MS expert will guide a discussion, offering information, links to resources and provide you with a chance to ask questions.

The program

Each week an MS expert from MS Plus and the Royal Children's Hospital will guide a discussion, with information, links to resources and an opportunity to ask questions.

Week Topic

8pm – Tuesday 3rd Oct
Understanding MS & symptoms

8pm – Tuesday 10th Oct
Managing fatigue / activities / education

8pm – Tuesday 17th Oct
Lifestyle factors

8pm – Tuesday 24th Oct
Wellbeing & emotional support

Ready to get started?

Express your interest in the program now – it's free!

When: 3rd to 24th October 2023
8.00pm to 9.00pm

Call us: 1800 042 138

Email: connect@msplus.org.au

For information on our other programs or services, contact connect@msplus.org.au or call 1800 042 138



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